



Let loose and relax this weekend by following these perfect tips to unwind

1 Gimme more!

Enjoy Baskin Robbins' newly introduced flavours at any of their outlets. Choose from an assortment of scoops of Deluxe Malai Kulfi, Cotton Candy, Strawberry Yoghurt, Blueberry Cheesecake, Kaju Draksh and Mississippi Mud.



2 German affair

Say cheers to the good life with delicacies typical to Munich, Bavaria and Germany at the Oktoberfest, on till October 2 at Frangipani, Trident. Enjoy traditional German food and raise a toast with a complimentary pint of beer. The specialties will be available at the Food Theatre for lunch and dinner. **CONTACT:** 6632 4343

3 Run for a cause

Students of the NMIMS College are organising Aarambh, a 4.5km run to support the NGO, Yuva Parivartan, which imparts vocational skills to school dropouts so they can step into the economic mainstream. The event will start on Sunday at 6.30am from Taj Lands End, Bandra. **Registration fee:** Rs100. **CONTACT:** 6634 6247



4 Swiss fix

Ethos Swiss Watch Studios has announced a free watch service camp for Swiss Watches till October 6. The camp will offer expert watch-care, service and repair of all Swiss watch brands, including free battery change, cleaning, and more. **CONTACT:** Inorbit, Malad (6640 6991) and Inorbit Mall, Vashi (2781 1539)

5 Movie munchies

Change your Sunday movie-watching experience with American Garden's new range of microwave popcorn, POP. The low-fat popcorn is available in six flavours: strawberry, natural, light natural, butter (94% fat free), extra butter and cheese.



IT'S ENTERTAINMENT



Retro night

Dance the night away with the music of *The Other People*, known for their rock 'n' roll renditions. The edgy and experimental band has moved into covering classic artists such as Elvis Presley, Chuck Berry, Neil Diamond, Frank Sinatra and Pink Floyd. **WHEN:** Saturday, September 25 **WHERE:** Blue Frog, Lower Parel **TIMING:** 10.30pm **CONTACT:** 6158 6158



Snip snap

Watch *Sex, Morality & Censorship*, a play that explores one of the most controversial issues of our time — morality and censorship. Directed by Sunil Shanbag, the play flashes back to the early 70s when Vijay Tendulkar's classic, *Sakharam Binder*, set off a storm of controversy on the theatre scene. **WHEN:** Saturday & Sunday, September 25 & 26 **WHERE:** Prithvi Theatre, Juhu **TIMING:** 9.30pm (Saturday), 4pm & 7.30pm (Sunday) **CONTACT:** 2614 9546

EATING OUT



Good as new

Enjoy the all-new menu at Fratelli Fresh with honey roasted pumpkin soup with croutons for starters. For the main course, relish fresh pastas or choose from a range of pizzas. **WHEN:** Ongoing **WHERE:** Fratelli Fresh, Renaissance Hotel, Powai **TIMING:** 7pm to 11.45pm **CONTACT:** 6692 7540



Straight from Sri Lanka

Head to a Sri Lankan food fest where you can go for Devilled Prawn or the Chicken Baduma or savour the Chicken or Vegetable Kottu — shredded Godamba roti stuffed with barbecued veggies, meat curry and eggs. **WHEN:** Saturday & Sunday, September 25 & 26 **WHERE:** Citrus, Leela Kempinski, Andheri (E) **TIMING:** 7pm to midnight **CONTACT:** 6691 1359

THE ARTS

Art in all avatars

The 18th Indian Oil Art Exhibition *Artists of Tomorrow* showcases the works of promising artist and veterans. On display are artworks done in different media like oil on canvas, acrylic, pen and ink, mixed media, ceramic, terra cotta and sandstone. **WHEN:** Saturday & Sunday, September 25 & 26 **WHERE:** Indian Oil Bhavan, Bandra (E) **TIMING:** 11am to 7pm **CONTACT:** 2367 1983



Realm of fantasy

Kerala-based artist Gopalkrishna's solo show, *Carnival of Rising Emotions*, features paintings in oil and watercolour, and drawings by the artist. He creates surreal creatures and characters, each conveying their own mystical wisdom. **WHEN:** Ongoing, till October 23 **WHERE:** Art Musings, Colaba **TIMING:** 11am to 7pm **CONTACT:** 2216 3339



PICTURE PERFECT



The city embraces art on every surface

More the merrier

Catch artworks by ten artists in a group show. Also on display are some award-winning creations. Oil on canvas, acrylic on canvas, charcoal paintings and sculptures in stone, bronze and wood are part of the exhibit. The contributing artists are Rohan Pawar, Manjiri Goenka, Ankit Patel, Sunil Mestry, Rupali Madan, Dinkar Jadhav, Neena Singh, Vijay Gawde, Poonam Salech, Rajesh Devaria, Dipak Shirsat. **WHEN:** Ongoing, till September 30 **WHERE:** Art Dosh Gallery, Walkeshwar **TIMING:** 11am to 7pm **CONTACT:** 2369 2861



Material matter



Prashant Pandey reawakens perception of everyday life in his solo exhibition *Shelf Life* by destroying conventional logic when it comes to ways of seeing discarded objects. Through his use of recycled, reclaimed and found materials like abandoned industrial containers, cigarette butts, cane trash, urine and blood, the artist uses by-products of human activity and discarded material in new ways, interrupting the utilitarian cycle of everyday life. **WHEN:** Saturday & Sunday, September 25 & 26 **WHERE:** Gallery Maskara, Colaba **TIMING:** 11am to 7pm **CONTACT:** 2202 3056

Cue from queues

Watch a video installation, *The Distance from Here*, by Pakistani artist Bani Abidi this weekend. Abidi's work is a recreational set of a legal documentation centre. It highlights the psychological effects that the entire process has on applicants queuing in lines to apply for visas. Through multiple frames and gestures, she builds up an anatomy of preparation, anxiety and patience. The entire video is a play on coercion, using migration as a metaphor. **WHEN:** Ongoing, till October 11 **WHERE:** Project 88, Colaba **TIMING:** 11am to 7pm **CONTACT:** 2281 0066



YOUR CITY



Spotlight on local art

Pick up handicrafts from Kutch in an exhibition sponsored by the Ashapura Group. On display are bandhini dress material, hand-woven shawls, metal work on wall hangings and idols, leather footwear, wood-carved showpieces, mud-work frames, and more. **WHEN:** Saturday & Sunday, September 25 & 26 **WHERE:** Sunderbai Hall, Churchgate **TIMING:** 10am to 7.30pm **CONTACT:** 6665 1700



Health check

On the occasion of World Health Day on Sunday, attend a free pulse-checking camp for chronic ailments like blockages, cholesterol problems and hypertension. **WHEN:** Sunday, September 26 **WHERE:** Ayushakti Ayurved Health Centre, Malad (W) **TIMING:** 10am to 8pm **CONTACT:** 2806 5757



Up for grabs

Adamis at Inorbit Mall, Vashi and Colaba, is offering up to 50% off on its select range of leather handbags and footwear. Ladies footwear starts at Rs300 onwards, and men's footwear from Rs700 onwards. The handbags are priced Rs1,200 onwards. **WHEN:** Ongoing **WHERE:** Adamis, Colaba & Vashi **CONTACT:** 2781 0591, 2202 1267

WEEK AHEAD

Dilli rewind

Attend *The Purani Dilli Show* and revisit Mughul history. The event, comprising narrative and poetry, aims to celebrate an era when culture and harmony was at its peak — the time of the last Mughal Emperor Bahadur Shah Zafar. **WHEN:** Monday, September 27 **WHERE:** Nehru Centre Auditorium, Worli **TIMING:** 7pm to 9.30pm **CONTACT:** 2496 4680



Kebab corner

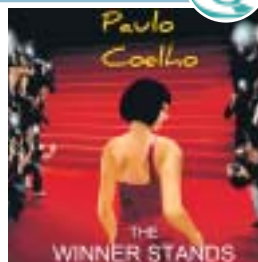
Dig into a variety of delectable kebabs, like Almond-Crusted Veg Tikki, Paneer Angoori, Kasturi Murg Tikka, Samudri Jhinga, and much more. The kebabs will be served hot with an equally plentiful assortment of naans. **WHEN:** Every Wednesday **WHERE:** Oakwood Premier Mumbai, Juhu **TIMING:** 7.30pm onwards **CONTACT:** 6623 8888



BOOK & DVD

Dark obsessions

The Winner Stands Alone by Paulo Coelho, set against the backdrop of the Cannes Film Festival, is the story of Igor, a misguided yet very successful businessman in pursuit of his ex-wife, Ewa. He is hoping to rekindle their romance. He believes that he must "destroy whole worlds" to win back Ewa's affection. The story shows us the dark side of what one can become if one gives into temptation and seeks out hedonism at all costs.



Unrelenting battles

Meghe Dhaka Tara is a 1960 melodramatic Bengali film by Ritwik Ghatak. The protagonist is the young Neeta who lives with her family, refugees from East Pakistan, in the suburbs of Calcutta. Neeta is a self-sacrificing person who is constantly exploited by everyone around her, even her own family who take her goodness for granted. Her life is ridden with personal tragedy; first, she loses her fiancé, then her job, and finally her health by contracting tuberculosis.



GADGET CORNER

Movies on the go

Mitashi Edutainment has launched its new, portable DVD player — the TFD 9609 v1.0. The device comes with a 22.86cm screen that promises a good visual experience. Its anti-shock feature allows you to carry it anywhere without skipping or disturbing your favourite movies, soaps or music. The DVD player is priced at Rs7,490 and comes with a remote control and a car kit, which includes a car pouch and car charger.



Handheld envy

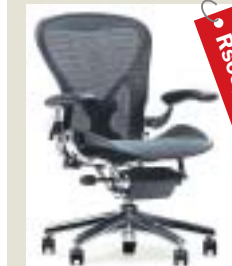
Mirc Electronics Ltd (ONIDA) has launched its latest mobile phone range — the F810 and G600 KY Rock. The F810 (Rs3,999) is water and shock-resistant and comes with a 5.6cm LCD display, a 1.3 MP camera, FM radio, audio and video players, and Bluetooth. The G600 KY ROCK (Rs3,499) offers superior sound quality and comes with a dual GSM, 5.1cm LCD display, VGA camera, an audio-video player and video recorder.



BEST BUY OF THE WEEK

A chair for all sizes

Bring home Herman Miller's Aeron chairs that combine distinctive looks with pioneering ergonomics. Designed by Don Chadwick and Bill Stumpf, the chairs adapt naturally and adjust to fit people of all sizes. Priced Rs65,000 onwards, the chairs are 94% recyclable. **CONTACT:** Lower Parel. Call 2497 0208



Comfort for men

Florsheim has introduced a new range of leather sandals for men, called Slide Sandals. The outsole is made of high-quality polyurethane that is slip-resistant, lightweight and durable. Priced between Rs3,295 and Rs3,795, the range is available at all leading retail outlets.



Rough 'n' tough

Pick up Wrangler's new range of denims from its autumn-winter collection. From mid blues to steel blues to tyre blacks to cowboy cuts for men, there is loads to lap up. The range, available at all Wrangler outlets, also includes motel signage prints, printed sweatshirts and automobile graphics on women's wear.



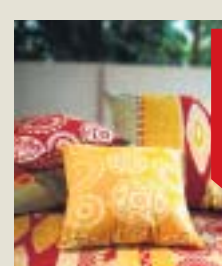
Fresh does it

Fight body odour with ZUSKA's new range of deodorant sticks and sprays — Viva for Women. For those who lead active lives, the range aims to reduce perspiration and blocks bad body odour all day long. Priced at Rs225 for the deo stick and Rs210 for the spray, the VIVA range is available at all cosmetic outlets.



Warm abode

Freedom Tree Homestore has come up with a special discount offer this weekend on its furniture, linen and home accessories. Choose from handmade and hand-painted ceramic dinner sets, lampshades coloured in textile prints, and more. **CONTACT:** Freedom Tree, Lower Parel. Call 2498 4443



PICK OF THE WEEK



Chef Penpa will conduct a Chinese cooking class on Wednesday, September 29 at Pool-side, Novotel, Juhu. Some of the dishes include cha chu prawns, sautéed paneer with dried red chilli and chicken in black bean sauce. **Contact:** 6693 4444